

Camp Constitution What You Should Know

Lakeside Christian Camp & Conference Center

Pittsfield, MA 01201

What You Need To Know About Camp

We have a range of camp activities plus one or more field trips planned each year. During recreation time, our head counselor and a lifeguard are usually down at the lake, so students may swim or use camp watercraft, or simply choose to enjoy the beauty, sketch, write, or observe local plant or animal life. Meanwhile, our recreation director and other counselors will organize team sports, chess tournaments, tug-o-war or other camp experiences. Classes taught by experienced guest speakers cover many historical and timely topics to give students a better perspective on world events in the context of our nation's founding.

Today we are reaping the consequences of America's drift from her original moorings. Our discussions of America's founding and early success are very much in order as we seek to restore the blessings of liberty to our land under our Constitution.

Spending Money For Each Camper

While meals, lodging, classroom materials and most recreational costs are covered by the tuition fee, we recommend that regular campers bring at least \$50.00* to give them the option to purchase things such as a camp group photo, special admissions on certain field trips, souvenirs from historical sites, postcards,... etc.

*Educational materials will be available to campers from some of our authors and speakers. Camp Constitution will host its own book table as well, where materials, DVDs, or T-shirts are available for sale. Snack items are sold from time to time and pizza orders will be taken for our post-graduation party on the final night of camp.

Check-In

Camp Check-in begins the first day of camp from 2:00 PM – 5:30 PM. Name Tags, welcome materials, lodging assignments, medical release forms, registration forms etc. will be processed at check in. Pre-submit all paperwork to streamline this process.

Medications

Camp has a doctor or nurse on duty through the week. Any meds needed for a camper must be given to and discussed with doctor/nurse at check-in.

Check-Out

The final day of camp from 10:00 AM–11:00 AM.

Waterfront / Pool Activities (when Available)

All water activities require the presence of a lifeguard and the use of such facilities are restricted when the lifeguard is off-duty. Campers are discouraged from using these facilities alone. A buddy system is encouraged for your safety. Camp Constitution is always interested in knowing if you have lifeguard training or other such skills.

Registration Process

We have an online registration process that you can reach by pointing your web browser to <http://campconstitution.net/> and choose the Online Registration link in the menu on the far right. If for some reason, you are unable to register online, forms can be supplied for your manual registration. The registration packet includes a letter, this two page document and three forms. The first form is a profile data sheet. You should fill out a copy of page one for every person attending the camp. We use this information when we assign bunks and for emergency or medical scenarios. The second form is the agreement between your attendees, Camp Constitution and the rental facility group. Make sure you list everyone who will be in attendance on this form. Sign and date it. If your party is too large to fit on one form, use a second form but be sure to sign and date all of them. The third form is a worksheet to help you calculate cost and includes a payment form. All the various profile sheets, agreement form(s) and worksheet should be submitted with your payment. If you register online, we will send you an agreement form via email or post as necessary for you to sign and date and send back to us. The online system collects the profile data and offers more flexible payment options so you will not need to fill them out manually.

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Camp Wear

Shorts (but nothing that comes above mid-thigh).

Jeans, khakis, running pants, & other athletic apparel, T-shirts, polo shirts, tank tops (females: NO low-cut tops)

Modest Swimwear: (ladies, one-piece or tankini; gentlemen: boxer-style).

If there is any doubt about acceptability of swimwear, bring an alternative!

Restricted Wear

No Clothing with inappropriate or suggestive messages, or referencing drugs / alcohol / rock bands / profanity; No bikinis, spandex, or Speedo-style swimwear. **Dress code is strictly enforced.** If the Camp Director / Counselors determine that something is inappropriate, camper will be asked to change. Continued infraction could result in expulsion from camp.

What To Bring

(Laundry facilities NOT available)

Appropriate clothing to last a week:

- Dress Apparel and Shoes for final evening banquet / graduation
 - Ladies: Dress, (or) Skirt or Dress Pants with Blouse;
 - Gentlemen: Dress Pants with collared Shirt and a Tie; dress shoes if available.
- Shorts (but nothing that comes above mid-thigh)
- Polo Shirts, T-Shirts, Tank Tops (females: NO low-cut tops)
- Sweatshirt(s) / Hoodies
- Long pants / Jeans
- Pajamas
- Socks and Underwear
- Water-Resistant Jacket
- Swimwear (Modest!) If in doubt, bring an alternative!
- Beach Towel / Bath Towel(s)
- Flip-Flops / Water Shoes;
- Sturdy pair of sneakers / shoes that can get dirty!
- Toiletry items (soap, shampoo, toothbrush & paste, deodorant...)
- Sunscreen and bug repellent
- Sleeping bag or twin-size bedding, AND
- Pillow!
- NOTEBOOK & PEN (or pencils)
- Flashlight and extra batteries (The trail down to the lake for campfire is dark!)
- Spending money for camp group photo; T-shirts, books & DVDs at literature table; souvenirs, postcards, snacks; final night pizza, etc. Suggested minimum = \$50.00

Optional, and Just for fun?

- Musical instrument, items for skit or hobby demo at campfire, sketchbook...
- Art supplies, streamers, balloons, patriotic images, drawing paper for the cabin-decorating contest – it's cool to be creative!
- Recreational sports equipment / board games, ordinary playing cards
- Camera, case with any batteries, memory stick, or film you may need
- Sketchbook

What **NOT** To Bring

- Restricted Mobile Phone Use Phones will be turned in to cabin counselor or parent (Use by permission **ONLY**)
- No firearms
 - Nothing Unlawful of any kind.
- No noisemakers
 - No radios, CD/MP3 players, iPods, etc.
- No fireworks
 - No tobacco products of any kind
- No immodest clothing
 - No non-prescription drugs of any kind.
- No body piercing.
 - Inappropriate tattoos must be covered
- No alcohol
 - Alarm Clock Allowed but the radio may NOT be used as the alarm!